|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **DATA** | | **8.00**  **-**  **8.45** | **8.50**  **-**  **9.35** | **9.40**  **-**  **10.25** | **10.30**  **-**  **11.15** | **11.20**  **-**  **12.05** | **12.10**  **-**  **12.55** | **13.00**  **-**  **13.45** | **13.50**  **-**  **14.35** | **14.40**  **-**  **15.25** | **15.30**  **-**  **16.15** | **16.20**  **-**  **17.05** | **17.10**  **-**  **17.55** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
|  | 26.02.2022 |  | RI | RI | RI | RI | RI | RI | RI |  |  |  |  |
|  | 27.02.2022 |  | PZ | PZ | PZ | PZ | PZ | PZ | PZ |  |  |  |  |
|  | 19.03.2022 |  | TM | TM | RI | TM | TM | TM | TM |  |  |  |  |
|  | 20.03.2022 |  | RI | RI | RI | RI | RI | RI | RI |  |  |  |  |
|  | 09.04.2022 |  | TM | TM | TM | TM | TM | TM | TM | TM | TM |  |  |
|  | 10.04.2022 |  | RI | RI | RI | RI | RI | BF | BF | BF | BF |  |  |
|  | 28.05.2022 |  | PZ | PZ | PZ | PZ | PZ | PZ | PZ | PZ | PZ |  |  |
|  | 29.05.2022 |  | MC | MC | MC | MC | MC | MC | MC | MC |  |  |  |
|  | 18.06.2022 |  | RI | RI | RI | RI | BF | BF | BF | BF | TM |  |  |
|  | 19.06.2022 |  | DG | DG | DG | DG | DG | DG | DG | DG |  |  |  |

**LEGENDA:**

|  |  |  |  |
| --- | --- | --- | --- |
| **PRZEDMIOT** | | **ŁĄCZNA ILOŚĆ GODZIN** | **NAUCZYCIEL** |
| **RI** | Realizacja indywidualnej sesji treningowej z podopiecznym | **24** | **Mateusz M.** |
| **PZ** | Prowadzenie zajęć grupowych fitness z wykorzystaniem muzyki | **16** | **Mateusz M.** |
| **BF** | Biomechanika i fizjologia wysiłku | **8** | **Mateusz M.** |
| **MC** | Metodyka ćwiczeń fitness | **8** | **Mateusz M.** |
| **TM** | Techniki i metodyka wykonywania ćwiczeń | **16** | **Mateusz M.** |
| **DG** | Podstawy działalności gospodarczej (podstawy przedsiębiorczości) | **8** | **Mateusz M.** |
| **RAZEM:** | | **80** |  |